

H.A.N.D.S. MISSION STATEMENT

The mission of Golden Bay H.A.N.D.S. is to facilitate the exchange of local goods and services amongst the Golden Bay community, using a complimentary mutual credit currency. Our aim is to strengthen local community and social climate.



H.A.N.D.S.

Newsletter No. 79

Summer - December 2006

goldenbayhands@ihug.co.nz Ph 525 8448, 525 8286

PO Box 156 Takaka

<http://www.ces.org.za/>

CIRCULATION 300

Hugh & Nella's One-Month HANDS-Only Challenge

In February 2007, Hugh Roberts, Nella del Costello, and their children Marco Tui and Sophia, are taking up the challenge to live solely on HANDS for a month. It's an experiment to explore the potential of HANDS and to start members thinking about ways they might increase the contribution of HANDS to their household economies.

Hugh & Nella have listed all their needs and costs for the month. Some—food and household items—will be straightforward: Hugh & Nella can buy them from other members for HANDS, and products made by H.A.N.D.S. members can substitute for those usually purchased in shops. Other items will require more creative solutions. The H.A.N.D.S. committee will approach the local businesses where Hugh & Nella shop to ask if they can take exchange vouchers as a one-off trial. Greater involvement of local businesses is one of the committee's major goals, and this could be a way to begin the process. Fortunately, Hugh & Nella's largest expense, their mortgage, is covered by a benefit. But the costs for which everyone's Kiwi dollars continuously flow out of the Bay—power, fuel, insurance, and phone—would need a HANDS-Kiwi\$ exchange for a 100% successful HANDS-only experiment to be possible.

Hugh & Nella grow some of their own vegetables, and below is the list of other food and household items they'd need for the month. HANDy messenger Joanna is coordinating this experiment. Please contact her if you can sell to Hugh & Nella for HANDS any of the items listed.

continued on page 2

maize grits or corn grits: 2 kg
beans: 500g each pinto & black
rolled oats: 6 kg
pasta: 2 kg
rice: 1 kg
quinoa: 1 kg
dried fruit (raisins, dates, etc): 2 kg
nuts or sunflower seeds: 2 kg
bread: 8 loaves (two per week)
milk: 20L
butter: 2 kg

cheese: 8 kg
tofu: 4 kg
eggs: 6 doz
meat: 4 kg
fish: 4 kg
olive oil: 2 L
cooking oil or ghee: 1 L
condiments, sauces, e.g.
mayonnaise, chutney: 2 L
honey or sugar: 2 kg
tomatoes (may not need): 8 kg

onions: approx 40
carrots: 8 kg
bananas: if someone is growing
Lady Fingers
fruit: 40 kg, or 20 kg
plus 16 L fruit juice
toilet paper: 16 rolls
dishwashing soap: one container
dishwashing powder: one box
laundry soap: 1 1/2 kg
toothpaste: 2 tubes

Their local purchases, which the HANDS committee will try to organise, are Golden Kids \$40; Totally Roasted \$80; Orange Mechanical \$100; Take Note \$50; fuel & diesel \$250; ITM \$200 (items bought at ITM might be available from members).

Their monthly bills are power \$100, insurance \$60, phone/internet \$150, and TDC \$125. They also estimate an additional \$200 in miscellaneous spending. For them to avoid spending Kiwi \$ during the month, members in need of HANDS could sell Kiwi \$ to Hugh and Nella for HANDS, perhaps sponsoring one of the expenditures—please let Joanna know.

How will they earn all the HANDS they'll need? Hugh, a builder, plans to work for other members, and they'll sell fresh wood-fired sourdough bread baked in the outdoor oven he built.

Let's help these H.A.N.D.S. pioneers in any way possible. The outcome will be published in a future newsletter.

H.A.M.M. - H.A.N.D.S. Annual Membership Meeting

A small group (which Murray says indicates a satisfied membership) attended the H.A.M.M. on 19 October. Murray reported on the system finances, both Kiwi\$ and HANDS, and summarised the year's initiatives and events (see Annual Report on page 3). Joanna reported on her work as HANDy messenger. The new committee was selected. Murray presented the new "Business at HAND" project and the group discussed that and other H.A.N.D.S.-related issues. If you'd like a copy of the minutes, please ask Joanna or Murray.

The previous day was Murray's birthday, and the rest of the committee had planned a surprise for him, including cakes and ice cream, all made by H.A.N.D.S. members (or in the case of the pavlova, a member's landlady). Several more people arrived in time for the celebration, and we all enjoyed a lovely get-together.

And the new committee is ...

**Murray, Malcolm, NgAng, Joanna,
Kirsty Richmond, Terry Burgess**

Our newest member, Terry, says,
"As a new member of the Golden Bay community, I was searching for ways in which I could get involved. We joined H.A.N.D.S. and immediately began reaping the benefits of a community based exchange system. The HANDS transactions have allowed us to support our local community by trading our services for the goods and services provided by other community members. It is a great way to meet people, to support one another and buy locally. I feel honored to be able to work within this group to encourage our local folks to support one another. We all have talents and needs and this is a beautiful way to weave our community together to create a Golden Bay tapestry of abundance."

Murray's Annual Report to the H.A.M.M.

This is a list of what H.A.N.D.S achieved in the past year.

- * launched CES website
- * launched Exchange Vouchers
- * opened HANDS shop and ran it for several months until we lost the venue
- * shifted office to Community Gardens kiosk
- * updated documents: member agreement, information brochure, committee responsibilities, HANDy messenger job description
- * summary of questionnaire responses
- * markets at Southfields, the Nook, the Beauty Spot, Community Gardens and January Fridays at the Village Green
- * introduction of charitable raffles
- * introduction of workshops: reflexology, hypatufa, vocal, biofuels, The Work, yurts, seedsaving, aromatherapy
- * joined LETS Connect
- * Murray attended National Green \$ Conference in New Plymouth
- * First Day Issue of Exchange Vouchers mounted and framed by Karen Brookes
- * created laminated edition of Exchange Vouchers
- * wrote Business at HAND draft letter
- * proposed living on HANDS for a month
- * accounts now sent out monthly to all emailers
- * hosted South Island Regional Meeting and Living Economies conference
- * new directory August 2006, approx 30 new members and same number no longer members (about 280 total members)
- * value of vouchers in circulation: 4653H
- * changes to committee: Merle left, Kirsty Richmond joined.

Organic Shop offering 20 HANDS of spending for one member per week

Starting 16 December, and for at least ten weeks, one H.A.N.D.S. member per week will be able to spend 20 HANDS on any products at GB Organics. The weekly HANDS shopper will be drawn at random, and once chosen won't be eligible again, at least for this round. To be in the draw, please register your interest with Joanna 525 8448, rojoanna@ihug.co.nz, or come into GB Organics. You can register at any time. This offer is possible because of H.A.N.D.S. members who enabled the Organic Shop to spend its large credit by selling produce to the Shop and doing its weekly laundry.

LETS South Island Regional Meeting

The 2006 LETS South Island Regional Meeting took place in Golden Bay, 22-24 September, with sixteen guests from both islands. MOSS (Motueka), WEST (West Coast), WINGS (Blenheim), and CCD (Canterbury Community Dollars) were represented from South Island, as well as WAIS (Wairarapa) and Taranaki from North Island. Everyone stayed at The Nook guesthouse in Pohara, which is managed by H.A.N.D.S. members Cathy and Dennis Sage, and all meals were prepared by H.A.N.D.S. members: Uta Gay, Alison Jacomb, and Cathy.

On Friday evening delegates shared reports and discussed LETS-related issues, and H.A.N.D.S. member, Ro, gave a talk on biofuels and their place in a local economy. Most guests participated in a one-hour work bee on Saturday morning, which reduced their accommodation cost.

On Saturday afternoon, the delegates enjoyed buying, selling, food, workshops and entertainment at the H.A.N.D.S. Spring Market, which was followed by a community Spring Equinox celebration and a shared meal.

The Saturday night get-together included more sharing and discussions, and "The Money Myth Exploded," a skit written by Murray and performed by seven H.A.N.D.S. members. The skit, comical but with a point to make, was based on the classic story about the damaging intrusion of interest on the inhabitants of a previously peaceful and sustainable desert island. The cast plans to perform the skit at a H.A.N.D.S. market next year.

Other highlights of the weekend were the Sunday morning panel discussion with active H.A.N.D.S. members—Andrew Schwerin, Charlotte, Cathy, and NgAng, and a site visit to Lethea & NgAng, who sell garden produce, artwork, and music for HANDS.

Delegates paid a substantial amount of their food and accommodation costs in Green dollars.

It was a wonderful opportunity to meet other LETS members from around the country, show them our beautiful community, and share with them the ingredients that make H.A.N.D.S. the largest and most successful LETS exchange in New Zealand.

Following the LETS gathering, the Living Economies Trust held its AGM plus a public presentation, workshops and discussions over the next three days. Living Economies works "for healthy economies for NZ - balanced, sustainable and empowering - based on and respecting the living systems of our planet." The Trust provides information and support to introduce new complementary currency systems and to further develop those already established. Trustees include Deirdre Kent, author of *Healthy Money*, *Healthy Planet*, and former H.A.N.D.S. member Christoph Hensch. They have a comprehensive website at www.le.org.nz. Copies of *Healthy Money*, *Healthy Planet* are available for H.A.N.D.S. members to borrow or to buy.

Closing Accounts of Former Members

Our Member Agreement states, "Any member who leaves the district or intends to resign from H.A.N.D.S. must inform the committee and bring his/her balance to zero before leaving." This is important because a balance other than zero is an unmet obligation or expectation with the H.A.N.D.S. community. Members leaving with a debit owe that amount to the community, while an unused credit stops the flow of HANDS.

Murray had a list of over 60 former H.A.N.D.S. members who had not brought their balances to zero before leaving the system in the past approximately ten years. Most had left Golden Bay, and a few were still here. Some were in credit and needed to spend their remaining HANDS; some were in debit and needed to earn HANDS, provide goods for the Committee to sell for them, and/or pay Kiwi\$. Joanna undertook to find as many of these lost members as possible and work out ways they could close their accounts properly, for the good of the H.A.N.D.S. system.

Through people these former members know and whitepages.co.nz, Joanna was able to contact nearly half of the former members by phone, email, or post. Many were willing to work with her to find the best way to bring their account to zero. Eight who were in debit didn't cooperate or said they would but didn't follow through despite several reminders. That total is -1354 HANDS, which includes over 800 HANDS that Koru & Tshala spent but never repaid. They were the worst all-time drain on the system. There are also still eight members who agreed to balance their accounts but haven't completed their agreements yet.

These are the former members we have been unable to find. Heina Petzold, Sally Didham, Jane Venus, Lisa Talbot & Peter Calkin, Barbara Morgan, Melina Martin, Catherine Rouselle, Bernard Wells & Shirley Wiltshire, Brendon Hooker, Zeina, Laura Wells, Remy Kalma, Jacqui Tikao, Chloe Ruskin, Sati Sosna, Uri & Sakina, Quaid Hutchinson, Sue Odlin & Jane Lafaele, Sophie Gold & Niki Jones, Yvonne Gold, Monica Jacobsson, Carole Davis, Gary Thomson, Michelle McNae, Shekina Worth/Benjamin Molloy, Uzi Shein, Cailaen Lewis, Christine Augenthaler, Aroha Whiting. Some of their credits and debits are small, but others are substantial. If you know how to contact any of them, please let Murray or Joanna know:

The total debit of those Joanna couldn't contact is 1188-, nearly 800 of which is owed by just two different former members. The total credit of those she couldn't contact or who didn't follow through is 1835+, of which over 1000 belongs to one person.

So, excluding seven people whose account closures are still in progress, the totals for unbalanced accounts remaining are approx 1835+ and approx 2542-. Obviously, account closures need to be taken seriously, and the Committee now does everything possible to ensure that people who leave Golden Bay or H.A.N.D.S. earn or spend as needed to have a zero balance before leaving.

Move over, Lifestyle Hire!

The H.A.N.D.S. committee is hoping to organise a HANDS tool & equipment coop. The H.A.N.D.S. system could buy for HANDS items that members need to use only once or twice a year and rent them to members for HANDS, earning back the purchase price and perhaps doing some HANDSraising after that. Also, members can store at the Coop items they don't want to sell but also don't use very often, and earn HANDS by renting them out through the Coop. Location, maintenance, terms and guidelines for borrowing items, and possibly liability are foremost considerations. To make the coop possible, we're looking for a member who lives in Takaka, has a secure shed or garage space where the coop items can be kept, and who would like to earn HANDS—negotiated as either a percentage of rental fees or a set monthly fee—for coordinating the coop. Please contact a committee member if you think this could work for you.



HANDy Messenger at Your Service

The initial role of the HANDy messenger, which was created in 2004, was that of broker, connecting individual buyers with sellers who have what they want, and sellers with buyers who need what they have. In the two years that I've been HANDy messenger, the role has gone off in many new directions, but brokering is still a useful function that can assist our members.

So, if there's something that you'd like from other members or that you have to offer to other members, LET ME KNOW and I'll do my best! And I'm always available to answer questions or help you with anything to do with H.A.N.D.S.

--Joanna, 525 8448,
rojoanna@ihug.co.nz

Community Values of Complementary Currencies

Bernard Lietaur, who has 25 years of experience with money systems, conventional and complementary, is best known as author of *The Future of Money*. Interviewed at the launch of his new book, *Access to Human Wealth: Money beyond Greed and Scarcity*, he said: "Conventional currencies are built to create competition, and complementary currencies are built to create cooperation and community, and it's important to be aware that both can be available to make our exchanges. If money is an agreement within the community to use something as a medium of exchange, we can create new agreements, can't we?"

At their best, these agreements include values like CONNECTION — greetings & friendship, SHARING — give & receive, LOVE — touch & compassion, PEACE — balance & harmony, and KINSHIP — bonding & support. These are the values that NgAng illustrated in his design of our five HANDS Exchange Vouchers. So encourage your friends to take advantage of our local opportunity to live our values and JOIN H.A.N.D.S.

Exchange Vouchers for Easy Trading

Exchange Vouchers (EVs) are HANDy to keep on HAND for spontaneous trades. They're available from Murray at H.A.N.D.S. office hours, Tuesdays 12-3 at the Community Gardens kiosk, and at markets. EVs you obtain from HANDS admin are debited to your account, and EVs returned to HANDS admin are credited to your account. Credit & debit limits continue to apply. Transactions paid for with EVs should not also be recorded. Anyone can use EVs, but only members can withdraw and credit them against their accounts.

Exchange Vouchers - Commemorative Sets available

Laminated Commemorative Sets of our HANDS Exchange Vouchers, First Day of Issue - 23 October 2005, are now available for sale. The sets include artwork by H.A.N.D.S. committee member, NgAng, who designed the Exchange Vouchers. The price is 45H [the face value of the EVs (38H) plus the cost of lamination (\$2.50) + a wee bit of HANDSraising]. You can get them at H.A.N.D.S. office hours, Tuesday 12-3 at the Community Garden kiosk, or at markets, or by asking Murray.

The **Mardi Gras** this summer will be a great opportunity to raise awareness about H.A.N.D.S. and sell commemorative sets to tourists. The committee hopes to get some members together to dress up like "hands" for the parade, carrying the sets in a pouch convenient to sell. If this appeals to you, please let a committee member know!

Updated Member Agreement

Whenever someone joins H.A.N.D.S., one of the committee reads through and discusses our Member Agreement with the new member. Several months ago, we updated the Member Agreement in light of changes such as the HANDy messenger role, introduction of Exchange Vouchers, adoption of the CES website, and increased diligence around closing accounts of members leaving Golden Bay. If you'd like to see the revised Agreement, please email Joanna <rojoanna@ihug.co.nz> for the file or ask Murray 525 8286 for a hard copy.

Seven Waters Food Coop

One of our new H.A.N.D.S. members, #411 Tina Spiedell, is offering organic bulk food ordering from Chantal, at cost plus 10% handling fee paid to her in HANDS. Initially, she'll send catalogs and take orders by email only, and start with one supplier only, possibly adding others later on. Those involved can work out sharing of sacks and cases. Ring Tina on 525 7371 or email Tina. speidell@gmail.com for more info.

Spread your toes and breathe!

Drop-In Yoga

Relax, unwind, stretch and tone through flowing Astanga-based postures
All levels, beginners always welcome

Equipment provided
HANDS Koha

Tuesday 1-2:30

Friday 9:30-11

Catholic Hall, Takaka

Terry Burgess 525 7422



How to Enter Transactions on our H.A.N.D.S. website

It takes less than one minute!

- * Only the SELLER in a transaction can enter transactions on the website.
- * Go to the website: <http://www.ces.org.za/>
- * At the bottom, Your Account Number is eight characters GBNZ0- - - where the last three characters are your H.A.N.D.S. member number. For example, the Account Number for #242 is GBNZ0242, or for #57 is GBNZ0057. If you don't have your Password, ask Joanna to get it for you, or ring Jemes on 525 7055 or email him on <pantrader@gmail.com>.
- * This takes you to your own Trading Account page. Choose "Enter Single Transaction (list)" if you don't know your trading partner's H.A.N.D.S. number, or "Enter Single Transaction (quick)" if you do. If you want to enter more than one transaction, choose "Enter Multiple Transactions".
- * Choose the member you're selling to from the pull-down list or enter his or her eight-character Account Number (GBNZ0- - -). Type in the number of HANDS you're being paid. In the "Description" line, type in what it's for. You can also enter the date of the trade; otherwise the current date will show on the account statement.
- * Hit "Submit". This will take you to "Confirm Transaction" where you look at the details and confirm them, or if something isn't the way you want it, you can cancel, which takes you back to the Enter Transaction page.

Whilst at your Trading Account page, you can also click on links to view your Account Balance and your Statement of Account, which lists all your transactions since September 2005, when H.A.N.D.S. first started using the website. Across the top of the page are links taking you to the H.A.N.D.S. membership list; your own account details, offerings, and wants; other members' offers and wants (these sections haven't been used much yet); and various statistics about H.A.N.D.S.

You can change your password and contact details by selecting "My Record" at the top of your Trading Account page. If you forget your new password, contact Jemes.

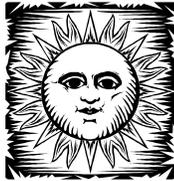
How to view your account statement on line

- 1) go to <http://www.ces.org.za>
- 2) enter your account number and password
- 3) choose #10 - My Statement of Account
- 4) click on All Trades to see all of them since H.A.N.D.S went on line.

CES workshop

We're considering holding a market workshop on how to use the CES website for entering transactions, checking your account statement and balance, updating your listing and wants, seeing what's on offer, viewing fascinating statistics about HANDS trading, etc. If this is of interest to you, please let a committee member know.

MARKET NEWS



Summer Market

Saturday, 16 December, 4-7 pm
Brad & Jocelyn's, 20 Rocklands Rd, Clifton
Raindate Sunday, 17 December



This market is planned to be the proven enjoyable mix of a nice venue, diverse stalls, good food, great entertainment, interesting workshops, a charitable raffle and a kids' scavenger hunt. Come along, relax with friends, do some trading, buy holiday gifts, and have a good time! To encourage as many members as possible to have a stall, the quarterly fee is waived for stallholders.

Enjoy music by most of the new group *Hulelemang*— Lethea, Leivity, Manfred, and NgAng on harp, bass, flute, didj & drums (Huckleberry will be overseas).

Summer Market Workshops

4-5 pm Origami - holiday gifts with Lethea & Joanna

Make a graceful Japanese box to fill with lollies or seashells for gift-giving, and learn the traditional teabag fold to create a bookmark or card. If there's time, we'll also make a decorative butterfly or classic good-luck crane.

5-6 pm Yoga & Ecology with Karuna of Anahata Retreat

You are invited to explore the five elements of earth, water, fire, air, and ether from the yogic perspective. Connect with the micro and macro cosmos through postures, breath and an element meditation.

6-7 pm Deeksha: The Journey to Oneness & Enlightenment with Sue McKellar
Deeksha is a neurobiological process which increases the capacity of the brain so that we can expand into oneness and enlightenment. It brings balance, clarity, healing and joy.

Charitable Raffles

These raffles, which Lynn Tracey suggested, have been wonderful. Most recently, Merrin Westerink's hypatufa pot, which was won by Gaya Selder, raised 118H, enabling four nominated people to get some help from members who were paid by the raffle ticket sales. Merrin knew about this beautiful outcome before she died. Eight people in all were helped by charitable raffle ticket sales over the past four markets. We're going to use the same idea for "community sponsorship" - to pay H. A.N.D.S. members to help community groups—beginning with HANDS raised by raffle ticket sales at the summer market. We'll be placing an ad in the Weekly asking community groups in need of a few hours of help to contact us.

The committee agrees that a nice assortment of house plants/potted plants would be a great raffle prize for the summer market. If you can donate one or several, please let Joanna know.

Spring Market

We were blessed with perfect weather for this wonderful, full market at the Community Gardens. We've always had live music at markets, but this time we invited Grayham to DJ, and he did a fantastic job with diverse selections that appealed to everyone! Tony and Patrick shared the stage, and it all created a lovely ambience. The workshops were another opportunity for three of our skilled and knowledgeable members to share valuable information with others. Rich had a large crowd wanting to find out more about yurts; Tessa not only introduced people to aromatherapy but was able to help someone who arrived at the workshop in need, and Sol & John's seedsaving workshop attracted a large group of keen gardeners. There was a big variety of stalls and great food, including Terry's red beans and rice, steamed mustard greens and hot vinegar, Gyanmurti's superb Essene bread and sushi, Andrew S's fresh vege juice, a large pot of soup prepared by Franca and Andrew E, and Sabina's yummy treats. Just about everyone bought raffle tickets for Merrin Westerink's donated hypatufa pot, which made for a very successful charitable raffle indeed!

Summer Heart Art Market Opportunities

On Tuesday, 6 February, Waitangi Day and the last day of the ten-day Heart Art Festival, there'll be an extra summer H.A.N.D.S. market at the Village Green, 11am-2pm (lunchtime - good for food stalls!). Music throughout the market includes Caitlin & Sika and the Marble Mountain Country Music Club.

A Totally Local Market is planned for the opening day of the Festival, 27 January, at Pohara Hall, and, of course, H.A.N.D.S. members offering locally produced and grown items are welcome to sell them for HANDS. If you'd like a laminated "HANDS accepted here" sign for your stall, please let Joanna know. The H.A.N.D.S. committee may organise a H.A.N.D.S. info stall at the market.

Future Markets

The venue for the Autumn market in March is Happy Acre at Puramahoi. If you'd like to provide music or offer a workshop, please let Joanna know.

ADS

For sale

* H.A.N.D.S. directories: 2-3H. Not everyone has picked up a copy of the new August 2006 edition. Ask Murray: 525 8286.

* Commemorative Sets (First Day of Issue) of our HANDS exchange vouchers: 45H. Ask Murray: 525 8286.

* Nice pram with removable bassinet: 40H. Ask Murray: 525 8286.

for sale continued

* Futon in carrying case; can be used as a spare bed or for bodywork on the floor, 30H. Ask Murray: 525 8286.

* Various herb plants, 3H each. #242 Ro, 525 8448.

Wanted

* Child-sized bed for toddler: #280 Nick & Sybille, 525 6232, nickfeint@mac.com, sybillebiedert@mac.com

New Members

405 Ueli Marti Falconer Rd, Pohara Valley, P.O. Box 276, Takaka
027 280 5756

martiueli@hotmail.com

Offering: tiling, brickwork, rock walls, gardening, chainsaw/weedeater, general labour, towing

Wants: food, eggs, trailer hire

306 Margaret Fricker Richmond Rd, Pohara 525 6288

africa@actrix.gen.nz

Childminding (your home or mine); clinical supervision; Alzheimer's counseling; Alzheimer's caregiver information, support group, and support
Wants: gardening

406 John Gilardi Gibbs Rd, Collingwood 524 8534

johnbird@clear.net.nz

"Seed Dreams" vegetable seeds (half HANDS), individualised yoga & meditation instruction

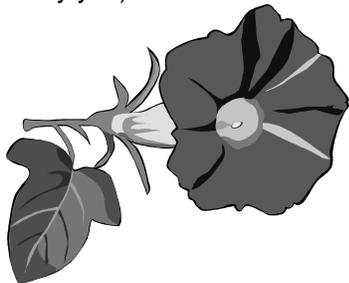
407 Mike & Bertha Newman

cowslip@value.net.nz

M: Chainsawing, tractor driving, general construction, ex-farmer, water supply/dams; B: Water diviner, spinning/fibre craft, babysitting (ex karitane)

Wants: native plants and local knowledge, outdoor furniture, cabinet making.

(Mike & Bertha haven't fully moved to Golden Bay yet.)



888 Scott Meiras 22 Meihana St
525 7888

nztcm@orcon.net.nz

- 1) acupuncture, acupressure, meridian massage, moxibustion, tuning fork sound therapy (needle-free acupuncture), cupping, guasha;
- 2) bulk organic food - dry & packaged goods;
- 3) assorted second-hand tools & household goods;
- 4) holistic health books, charts, manuals & tuning fork kits;
- 5) books about sustainability, eco-community & earth building

Wants:

- 1) regular health treatment - bodywork, massage, etc;
- 2) assorted household goods & tools;
- 3) fresh organically grown produce & by-products;
- 4) occasional services of other types

408 Levity Beet Tui Community, Wainui 525 7515

gabbity@gmail.com

Guitar tuition, music theory tuition, percussion tuition, composition and songwriting tuition, music performance, bike maintenance, cob oven building, bread & pizza making

Wants: music recording & production, tools (adjustable spanner, ring spanners, wood carving tools, more), bike parts, children's bikes & bike accessories, musical instruments for children

409 Golden Yogis (Agama Yoga) -

Alexis, Ania, Gabriella, Beatrice

3 Boundary Rd, Takaka 525 9971

goldenyogis@gmail.com

All: Yoga, kundalini yoga, yoga workshops

Gabriella: gardening, cleaning, childcare, basic bellydance, Reiki, translation from Hebrew

Ania: Translation from Polish, Reiki, cleaning

Beatrice: Translation from German & Czech; professional photography—events, weddings; portraiture, retouching old pictures; PhotoShop tuition

Alexis: repairs & maintenance

411 Tina Speidell Pupu Valley Rd,

Takaka 525 7371

tina.speidell@gmail.com

Organic bulk food ordering at cost plus 10% handling fee paid in HANDS, organic nashi pears

Wants: massage and other health & wellbeing services, local organic foods, local arts & crafts

Member Updates

048 Kirsty van den Bemd

20 Meihana St, Takaka

(incorrect in the directory)

056 Uta Gay 525 9961

(incorrect in the directory)

129 Faye Knight Onekaka, 525 7017,

knight9@clear.net.nz

210 Huckleberry is away for several months.

212 Lynn Childs

493 Abel Tasman Drive, Motupipi

525 6253

216 Pedro Gay 525 7558

255 Cathy & Dennis Sage have shifted back to 23 Abel Tasman Dr, Takaka, 525 7099, dcsage@nettel.net.nz

347 Rose Diamond Tukurua, 525 9904, rose@soulsanctuary.co.nz

361 Andrew Morin Tarakohe 525 7674

387 Dale Welty and Rena & Iris

Ekmanis c/ The Nook, 768 Abel

Tasman Dr, Pohara, 525 8503

dalewelty@nzoom.com,

renapaints@nzoomail.com,

irisdolphin@nzoomail.com

390 Grace Wilson 525 8473 (Jesus Encarnacion has left GB.)

396 Bruce & Terry Burgess

525 7422

410 Gwydyon App Vine c/ 493 Abel

Tasman Drive, Motupipi

525 6253 (msg)

gwydyon4002@hotmail.com

Drystone landscaping. (Gwydyon had to shift and can no longer offer garden produce.)

Accounts closed at zero

103 Zvone Vodnik & Lisa Lane

(no longer live in GB)

174 Catherine Callaghan (now in Nelson)

230 Ina & Hans Stoffregen

258 Bardi Ivory (shifting out of GB)

398 Jean Robinson (left GB)

No longer a member but not closing at zero

066 Carole Davis -17H

Ad Prices for Newsletter

Listing: 1 HAND for 10 words or less.
Display ad: 3 HANDS for 1/8 page, up to 24 HANDS for full page.
Late ads may not be used.
Letters & articles are free; length is editor's discretion.

Markets & Newsletters

H.A.N.D.S. markets are held quarterly, in March, June, September and December, around the time of each equinox and solstice. H.A.N.D.S. newsletters are also quarterly, distributed one to two weeks before each market.

Accounts on Hold

Accounts of members who will be away from Golden Bay for a short period of time, up to a year, can be put on hold. This means the membership is informed and no quarterly fee is deducted.

Suggested HANDS standards

1 HAND = 1 kilo potatoes, 250 gm butter, 2 lemons, 3 organic eggs, 5 minutes work, or 1 L biofuel

Current quarterly fee: 3 HANDS (waived for market stallholders)

Number of members: 207 member numbers, 277 total members

Three-month trading statistics:

This info doesn't include trading with Exchange Vouchers, except withdrawing and redeeming them through the voucher account #400 (mostly done at markets).

month	#trades	HANDS traded	average trade
Sept	228	2123.50	9.31H
Oct	141	5994.20	42.51H
Nov	115	4022.80	34.98H
Total	484	12,140.50	28.93H

Account Statements & Balances

E-mailers:

Your statement will be emailed to you monthly.

Hard copy-ers:

Pick up at GB Organics until they're mailed with the newsletter. If there were no transactions, your account balance is written on the second page of this newsletter.

HANDShake/

H.A.N.D.S. office hours:

Tuesdays, 12-3
Community Gardens kiosk

Closing Accounts

Members join with a 0 HANDS balance in their account; if they leave, they are expected to bring their HANDS balance back to zero. Members in credit wishing to leave H.A.N.D.S. may spend their HANDS or donate them to another member or to the system. Those in debit need to earn HANDS, provide goods acceptable to the Committee to be sold on their behalf, and/or pay NZ dollars, to restore their balance to zero.

H.A.N.D.S. Committee

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