



# LETS TALK

Bi-monthly Newsletter of Eastern Suburbs/Warranwood LETSLIVE



Sept – Oct 2009

Inside this issue:

Energy Audits available via LETS	2
Ideas for Energy Saving	2
Green Tips	2
LETS Get Together	3
Gardening Group	4
LETS National Conference	4
Interesting Services	4

## Regular Events:

### Admin Group:

2nd Monday (each month)

### Gardening Group

4th Sunday (each month)

## LETS WELCOMES OUR NEWEST MEMBERS

**Gayle Hook** Phone: (H) 9879 2254

*Offers:* Baby sitting; Cooking cakes and slices; Working bees; Bookkeeping/Administration; Piano to hire or allow person to visit to practice.

*Wants:* Home maintenance; Working bees; Plants and Shrubs; Motor vehicle service; Gardening

**Michelle Walter** Phone: (H) 03 9778 9556

*Offers:* French language - I am a French native who tutors in Community Houses; Secretary - I can write letters, type, file etc.; Cooking meals.

**Andrew Bailey** Phone: (H) 9844 5005

*Offers:* Building Services: Former builder and UK qualified electrician (I cannot practice electrics here) offering a wide skill set across all trades; advice on building alteration design options; building project management; advice on how to tackle various jobs and subsequent quality control; hands-on work with people transferring skills as appropriate; building related repair work. Business/Systems Analyst consultancy services Computer/IT Services: Expertise across most of the Microsoft Office suite of application including VISIO; general computing technical and applications support.

**Jane Monk and Neil Mitchell** Phone: (H) 03 9725 4194

*Offers:* Working bees; Community sustainability facilitation; Tool sharing; Bush dances; Sing-a-longs.

*Wants:* Massage; Food garden advice; Grey water advice; Trailer and tools hire.

**Wendy Branagan** Phone: (H) 9878 7897

*Offers:* Weeding and light gardening; Childcare; House cleaning - chemical free; Cooking; Darning and mending.

*Wants:* Gutters cleaned; Handyman type small household jobs; Advice on pruning fruit trees.





Sept - Oct 2009

Looking for a cheap holiday. Check out

[www.standbyrelocs.com](http://www.standbyrelocs.com)

They have lists of campervans needing relocating for exceptional rates!

## ENERGY AUDITS AVAILABLE VIA LETS

I have now completed and passed the course at Swinburne on sustainability domestic home auditing. This involves looking at a person's house energy bills and suggesting ways to reduce them. I can advise on eligibility for low interest green loans at any bank that the government will subsidise to purchase energy and water-saving devices. I am a qualified chemical engineer so I understand both the theory and practice. If you want an audit contact me on 0425 740 493

- David Key

## IDEAS FOR SAVING ENERGY

### Switch your home to green energy.

Switch to green power for your electricity usage. This is energy accredited by the Government Green Power Scheme. It ensures that the energy supplied is a minimum of 80% from renewable energy sources such as solar and wind and subsequently encourages further investment in these industries. Some providers provide carbon offsets for their customer's use of gas. Refer [www.greenpower.gov.au](http://www.greenpower.gov.au) for a list of green power providers in Australia. Just think, if you go 100 % green power your home will be a near zero emission home.

### Adjust your thermostat.

Keep air conditioning and heating between 18-20 degrees Celsius in winter and 24-26 degrees Celsius in summer for maximum energy efficiency. A difference of just one degree on the thermostat of your heater or air conditioner can reduce your energy consumption by 10%

**Switch off appliances when not in use including those on standby.** This can reduce your energy bill as well as reduce emissions.

Did you know that 10% of Australian household energy goes on standby power?

- Liz Horner

## GREEN TIPS

For heaps of information about sustainability in the home, community and workplace go to Vic Department of Sustainability website - [www.resourcesmart.vic.gov.au](http://www.resourcesmart.vic.gov.au)

Want to stop having to using so many yoghurt containers, even if you do recycle them... Make your own yoghurt very easily and save some money too by using a product called Easy- Yo. It is usually kept in the dessert section in the supermarket. Once you buy the thermos (one - off purchase) and the sachets, you are ready to go.—Liz Horner

*Ed: Then again you could Google how to make yoghurt without the sachets and save the landfill! Whenever you're looking for ways to do something without leaving a scrap of rubbish remember unless you're walking to the library, Google is your best friend. There's always someone who's thought about it and put their idea onto some forum somewhere which Google will find for you. Try it sometime. You'll be amazed.*



## LETS GET TOGETHER 20TH SEPTEMBER

You are invited to the first LETS Get Together networking afternoon. Come along to an afternoon tea at the home of Gayle Hook (a new member). The afternoon will allow you, whether old or new member, to get to know one another in a relaxed environment. You can find services trade your craft, 2<sup>nd</sup> hand goods or even produce (lemons and eggs are always popular).

Pennie Kendall will show you how to meditate and Liz Horner will be on hand to do head and neck massage.

For those of you who need or wish to bring your children along you are very welcome to do so.

Further social events will follow and the day and time can be varied to suit a variety of members needs. Ideas are very welcome. It is your forum to engage with each other.

We are looking for members who would like to demonstrate their services from massage, reiki, ear candling to scrap booking or web design and much more. We are also looking for those marvellous cooks out there who are happy to provide afternoon tea. You will be reimbursed for your time and any expenses.

Please ring Gayle on 9879 2254 if you would like to share your cooking or demonstrate a talent to the group.

Where: **26 Hammond Street, Ringwood**

When: **Sunday 20<sup>th</sup> September @ 2.30pm**

RSVP: 13th September

Cost: **Nil \$ and 60 Tokens**



Sept - Oct 2009



## MAKING DONATIONS TO CES

Too many Tokens in your account? Do you appreciate the services the CES provides for you and your LETS group? It is now possible to make a donation in Tokens to the CES. The donations go towards maintenance and development of the Community Exchange web site.

On the right hand side of the home page of your CES account you will see a [Donate] button. Click on the button, fill in your account details and the amount you would like to donate. Your donation goes to the Administrator's account of the Global Groups Exchange, which represents the central CES. This account is 'open' so you will be able to see where your donation is going.

Any queries contact Keith at [warranwoodlets@hotmail.com](mailto:warranwoodlets@hotmail.com) or 9876 1846.



BI-MONTHLY NEWSLETTER OF  
EASTERN SUBURBS/WARRANWOOD  
LETSLIVE



PO Box2245

Ringwood North Vic 3134

Phone: 03 9725 1116

For newsletter copy please email  
me by Nov 10th for the next  
edition, to -  
Email: wbmcmahon@iinet.net.au

## GARDENING GROUP

### Gardening Group Dates

- 30th August Justine-Indigo Rose Montrose South 9728 5694
- 4th October Annette Hutchinson Montrose South 9728 5861



If you would like to join the Gardening Group and don't receive our emails or are on our contact list and would like to host a GG please ring Rosemary on 9872 4895.

## 2009 AGM REPORT

**Name Change** We had a great turn-up to the Warranwood LETS AGM at Rosemary's house on Saturday 27th June with 17 members attending and many apologies from those who already had functions on. The major decision made was to change our name: we are now Eastern Suburbs/Warranwood LETS Live. This change was considered important as the group's geographical area is increasing. We have members from Blackburn to Montrose and Ferntree Gully to Wonga Park. It was felt that people were more likely to join if they saw that this LETS group encompassed their suburb. It was also agreed that it was important to keep the name Warranwood LETS as we are known by that name.

**Notification of AGM via email** It was agreed that in future notification of AGMs will be emailed. For those without internet access notification will be as usual by mail.

**New Buddies** John Marryatt and Carmen Van Den Akker having completed several years as Area Buddies have relinquished their positions. Our Thanks to both John and Carmen for their gracious service. We welcome Deanna Cooper (who takes over John's area) and Naomi Walsh (replacing Carmen) as Buddies and you can look forward to hearing from them in the future.

**National LETS Conference** Rosemary is attending the National LETS Conference in Sydney on 24th & 25th October.

**Networking Nights/Afternoons** There was lots of talk about how great it is to meet face to face. An idea formed about starting a regular night/afternoon to have a chat a cuppa and be pampered. To be held every 2 months. Probably a Friday night or Sunday afternoon. Stay tuned for more info. - Rosemary

## INTERESTING SERVICES

How about this ... a new member, Justine Indigo-Rose is offering Face Painting. Why not ring her on 9728 5694 when you are having your next kid's party!

